

Basic Rules for Kickball

1. Pitching: Each team will pitch to the other team. Pitchers must pitch from the pitching mound and cannot go in front of plate until the ball is kicked. If the kicker requests a slower pitch then the pitcher is obligated to do so.
2. Kicking: All kicks must be made by foot. A kicker can be called out if they get 3 strikes or 4 foul balls.
A play ends when the pitcher has control of the ball and is near the mound/pitching circle. Any runner who interferes with the ball on its way back to the pitcher will be called out.
3. The ball can be thrown at any player and must hit shoulder and below. The runner will be called safe if it hits their head unless they are sliding/ducking the ball. If a player is hit in the head they get the base they are running to.
4. Umpires rulings are final!!!
5. Player must stay out of the baseline; otherwise the runner advancing to the base will be called safe. Students that are playing a base position should make every attempt to position their foot on the side of the base to leave room for the runner.
6. On an overthrow the runner may advance at their own risk. They are allowed to run more than one base if they want.
7. When the game is being played and is completed the students should always use good sportsmanship.
8. A quarter of each team must be of the opposite sex from the majority