

# Southwestern College Cheerleading Tryouts

Tryouts will be Friday and Saturday, April 17<sup>th</sup> at Stewart Field House and 18<sup>th</sup> in White P.E. on the campus of Southwestern College.

**Please read all the information below and make sure you are committed to becoming a Southwestern College cheerleader before you tryout.**

It is important to understand that Cheerleading is a year-long commitment at Southwestern College. This means you will cheer for volleyball, football, and basketball games as well as be able to attend many SC and community appearances. You might also be required to compete at a NAIA or national cheerleading competition during the spring semester. This will be determined by the coach at a later time. You will be expected to follow the rules and requirements of the squad for the entire year. Please make sure that other activities, including jobs, social clubs, and intramurals do not conflict with Cheerleading.

Camp is mandatory! Camp is tentatively set for August after freshmen move in. Any candidate who cannot attend camp will be asked to resign from the squad.

Southwestern College does provide scholarships for Cheerleading and there will be a few expenses. SC will pay for cheerleading uniforms, cheerleading summer camp, and travel expenses to away games. The total cost for all female Cheerleaders chosen for the 2020-2021 squad is \$150. The total cost for all male Cheerleaders chosen for the 2020-2021 squad is \$150. ALL MONEY IS DUE ON OR BEFORE JUNE 1, 2020. This money will purchase camp wear and briefs for the girls and camp t-shirts and any extra needed item for the guys. This money is non-refundable. If cheerleaders would like to purchase extra accessories (backpacks, additional bloomers, sweatshirt) they will need to provide extra money. This is not required.

## **SC Tryouts 2020-2021**

SC Cheerleading tryouts will be held on Friday, April 17<sup>th</sup> in Stewart Field House and Saturday, April 18 in White P.E., 2020 on the campus of Southwestern College. The size of the squad will be determined by the Coach at the time of tryouts.

## **TRYOUTS ARE CLOSED TO THE PUBLIC.**

If you have a question regarding your acceptance into Southwestern College, please email Kelci Feist before tryouts.

Students will need to complete a liability waiver before participating in the tryout clinic on Friday, April 17<sup>th</sup>. These forms will be available for each student to fill out on Friday. If you are under 18 years of age, a parent must sign the liability form before you are allowed to participate.

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## **The SC Cheerleading tryout process will include:**

**Friday, April 17th** will be the SC Cheer tryout clinic in Stewart Field House located on the campus of Southwestern College. If you are planning on trying out you must be at this clinic. Doors will open at 5:00M for students to fill out and hand in all paper work in order to tryout. This paper work includes: Acceptance letter (new students or transfers), copy of insurance card, liability waiver, and SC tryout form.

The SC Cheer Tryout Clinic will start at 5:00pm. Candidates need to wear cheerleading attire, which includes: Cheer shoes/tennis shoes, Purple t-shirt, black shorts, bloomers (ALL GIRLS), and hair out of the face. Stretching will begin at 5:30pm sharp. After stretching, candidates will practice jumps then learn material for tryouts. The material will be one simple sideline chant, one cheer and the fight song routine. After learning the material candidates will stunt. During stunt time candidates will be given the opportunity to find a group or a guy that they feel comfortable stunting with. There will be guys to stunt with if a candidate wishes to show her coed stunting ability. Male participants will be taken at the coach's discretion. After stunting and if time permits, candidates will be able to tumble. At 8:00 the Coach will hand out candidate's tryout number that they will need to wear on Saturday for the actual tryout. White P.E. will close at this time. Participants will not be allowed to practice after 9:00am.

**Saturday, April 18th** tryouts will begin at 9:00am in White P.E. Candidates will be allowed into the gym no earlier than 8:00am to warm up. No stunting will be allowed at this time. From 8:00 to 9:00 participants will only be allowed to stretch, jump and tumble.

For tryouts all girl candidates need to wear a purple t-shirt, black shorts, briefs (ALL GIRLS), hair out of the face, cheer/tennis shoes, and number provided by the Coach. All guys need to wear tennis shoes, black athletic shorts and a purple t-shirt.

Tryouts begin at 9:00am sharp. Participants will enter the gym in small groups for part 1 of tryouts. Each group will perform their tumbling passes (best 2 passes), standing back handspring or back tuck, jumps (3), sidelines and fight song routine. Once everyone has had the opportunity to show their best skills, it will be time for part 2, stunting. During stunting everyone will come into the gym and show off their best stunts.

## **Results:**

The Southwestern College 2020-2021 Cheerleading squad member will be posted on the doors of White P.E. at 2:00 or within 30 minutes after the last candidate has performed on Saturday, April 18th.

If you are one of the candidates chosen as a member of the 2020-2021 SC Cheer squad you will need to be fitted for your uniform on Saturday, April 18th at 2:30pm. Our fitting will be followed by our first team meeting.

\*\*If a candidate is unable to attend tryouts in person, please contact Kelci Feist for more information about submitting a video for consideration. If you have any questions regarding tryouts or cheerleading at SC please do not hesitate to email: [Kelci.feist@sckans.edu](mailto:Kelci.feist@sckans.edu). I am excited about your interest in SC Cheer and look forward to meeting you soon!