

## Southwestern College

### 2022-2023 Biennial Review of Drug and Alcohol Programs

Southwestern College, in accordance with the requirements of the 1989 amendments to the Drug Free Schools and Communities Act, as articulated in the Education Department General Administrative Regulations (EDGAR) Part 86- The Drug Free Schools and Campus Regulations, completed the biennial review in spring and fall of 2022, spring and fall of 2023.

Southwestern College is dedicated to closely examine the drug and alcohol prevention program every two years. It is very important to review the programs to understand the scope and effectiveness of the campus prevention program.

The 2023 Alcohol and Other Drug Program Committee at Southwestern consisted of the following members:

Sarah Hallinan- Dean of Students  
Lena O'Quinn- Director of Residence Life  
Claire Nichols- Director of Campus Life  
Teresa Nichols- Director of Security

The committee had two objectives:

- 1) To determine the effectiveness of, and to implement any needed changes to, the Alcohol and Other Drugs Prevention Program.
- 2) To ensure that campus enforces the disciplinary sanctions for violating standards of conduct consistently.

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## **Drug and Alcohol Policy** (located in the policy manual: [www.sckans.edu/policy](http://www.sckans.edu/policy))

### *Drug and Alcohol Policy*

Southwestern College affirms its long-standing support of abstinence from both alcohol and illegal drugs. Southwestern supports the strict administration of regulations governing these substances and will enforce the guidelines set forth by various college programs. The program guidelines include but are not limited to: student affairs regulations, study abroad travel policy, Southwestern College travel policy, alumni relations policy, policies as set forth in the staff handbook, etc. Copies of the guidelines that govern each program are available from the business office.

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if that activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place on or off college property (e.g. alumni event, campaign reception, etc.). See Volume III section 3.5.10 for additional information on drug and alcohol regulations for employees.

### *Students*

Students who violate the terms of this policy may be reported to the appropriate law enforcement officials if local, state, or federal statutes are involved and will be subject to the following sanctions:

1. Placement on probationary status;
2. Temporary suspension from classes and activities;
3. Suspension for a semester from classes and activities;
4. Expulsion.

Students subject to these penalties will be afforded all due process rights to which they are entitled by law or under current policies affecting student discipline. In addition to the above sanctions, a student may be required to meet with a campus counselor. In lieu of suspension or expulsion a student may be required to complete a drug or alcohol abuse education or treatment program as a condition of continued enrollment. The cost of completing such a program will be the responsibility of the student.

### *Employees: Drug-Free Workplace*

Employees of the college are required as a condition of employment to abide by the terms of this policy. Employees are further required to notify the college in writing of any criminal drug statute conviction for a violation occurring in the work place no later than five calendar days after such conviction.

Employees who violate the terms of this policy will be reported to the appropriate law enforcement officials and will be subject to the following sanctions:

1. Short term suspension with pay;
2. Short term suspension without pay;
3. Long term suspension without pay;
4. Required participation in a drug and alcohol education, treatment, counseling, or rehabilitation program;
5. Termination or dismissal from employment.

Prior to applying sanctions under this policy, employees will be afforded all due process rights to which they are entitled under their contracts, if applicable. Nothing in this policy is intended to diminish the right of the college to take any other disciplinary action which is provided for in college policies.

If it is agreed that an employee should enter into and complete a drug education or rehabilitation program, the cost of such program will be the responsibility of the employee.

#### *Legal Sanctions*

Local, state, and federal statutes prohibit furnishing alcohol to a minor, purchase, or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

#### *Health Risks*

The risks of using alcohol include but are not limited to impaired judgment, alcoholism, liver damage, pancreatitis, and congestive heart failure. The risks of using sedatives, hypnotics, and tranquilizers include but are not limited to nausea, vomiting, anxiety, blurred vision, respiratory depression, addiction, and death from overdose or unsupervised withdrawal. The risks of using narcotics include but are not limited to AIDS, hepatitis, and skin infections from non-sterile injections, endocarditis, addiction, and coma or sudden death from overdose. The risks of using inhalants include but are not limited to psychosis, accidental suffocation, heart failure, kidney failure, and bone marrow disorders.

#### *Legal Penalties Relating to Drugs and Alcohol*

Local, state, and federal statutes prohibit furnishing alcohol to anyone under the age of 21, purchase or consumption of alcohol by a minor, driving while under the influence of alcohol or drugs, vehicular homicide, vehicular battery, transporting liquor in opened containers, obtaining a prescription-only drug by fraudulent means, and possession, use, sale of illegal drugs, stimulants, or anabolic steroids. Penalties range from fines through misdemeanor and felony charges.

#### *Help and Information*

The college will provide information and educational programs that attempt to keep the campus community informed about the consequences of using and misusing intoxicating alcohol and illegal drugs. Help is available for those persons who seek it. Employees and students are encouraged to initiate contact with their supervisor, counselor, a faculty member, or administrator who will work with them confidentially or refer them to an off-campus source of help.

#### *2.12.9 Off-Campus Travel Involving Students*

The possession, use, or distribution of alcoholic beverages or illicit drugs by students or employees is strictly prohibited on the property of the college, even if an activity does not involve students or employees. No college funds will be expended for the purchase of alcoholic beverages or illicit drugs at any group activity taking place off college property or in another country (e.g. a reception or dinner in a culture with different laws and regulations on alcohol use and distribution). The guidelines for the application of the college policy on alcohol and drugs to study-abroad programs and activities in other countries are available in the business office. Students and sponsors are expected to follow these policy guidelines.

### Alcohol and Other Drug Policy Enforcement Data

*The Office of Student Affairs enforces the on-campus alcohol policy in regards to student usage and possession. The following numbers represent the students who were reported to Southwestern College staff members for having or using alcohol or other drugs, on campus.*

	Alcohol	Drugs
Spring/Fall 2020	77	15
Spring/Fall 2021	114	46
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Total	191	61
Spring/Fall 2022	60	16
Spring/Fall 2023	20	15
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Total	80	31

A total of 113 students went through the student conduct process for drug and alcohol possession/use in the period of 4 semesters from spring 2020 through the fall of 2021.

A total of 111 students went through the student conduct process for drug and alcohol possession/use in the period of 4 semester from spring 2022 to fall 2023.

## **Alcohol and Other Drug Program Initiatives**

As a guide, the committee used, “A Typology for Campus Based Alcohol Prevention: Moving Toward Environmental Management Strategies.” The article was written by William DeJong, Ph.D. and Linda M.Lang. The article helped frame the conversation to analyze the strengths and weaknesses of the Southwestern College Alcohol and Other Drug Program.

Using the article, the committee developed a matrix that kept information and programs in distinct categories. Program and policy levels were divided into two groups-individual and environmental. Individual level is focused on one person receiving information and peer to peer interactions. Environmental level consists of institutional, local government and state government entities. Four areas of strategic intervention were assessed: knowledge, attitudes, and behavioral intentions, environmental changes, health promotion, and intervention and treatment.

### **Individual Level (Individual/Peer to Peer Interactions)**

**Strategic Interventions areas:** *Knowledge, Attitudes, and Behavioral Intentions*

Programs included:

- Orientation Leader and Residence Assistant training – peer intervention
- Resident Assistant alcohol education programming (Ex. Beer Goggles)
- Student Foundations (Student Activities) events (ex. Spring break safety, alcohol education)
- Student Conduct sanctions may include
  - 3<sup>rd</sup> Millennium on-line courses for alcohol/marijuana
  - Reflection paper on the effects of drugs and alcohol
  - Parental or coach notification depending on severity

**Strategic Interventions areas:** *Environmental Change*

Programs included:

- Orientation Leader and Residence Assistant training – peer intervention
- Bystander Intervention programming for first-year orientation and for student athletes

**Strategic Interventions areas:** *Health Promotion*

Programs included:

- Resident Assistant alcohol education programming (Ex. beer goggles)
- Campus Life campus wide events (ex. spring break safety, alcohol education)

**Strategic Interventions areas:** *Intervention and Treatment*

Programs included:

- Student Conduct Sanctions may include
  - 3<sup>rd</sup> Millennium on-line courses for alcohol/marijuana
  - Reflection paper on the effects of drugs and alcohol
  - Parental or coach notification depending on severity

- Builder Health Website – free telehealth therapy options and alcohol education resources.
- Wellness Coordinator – Master’s level social worker, available to speak with students and coordinate care for mental health or substance abuse.

## Program Initiatives Continued...

### Environmental Level (Institutional, Local and State Government Entities)

#### Strategic Interventions areas: *Knowledge, Attitudes, and Behavioral Intentions*

Programs included:

- Resident Director and Security Officer training and response protocols
- Resident Assistant and Orientation Leader training and response protocols
- Bystander Intervention programming for first-year orientation and for student athletes
- Informational tables – alcohol/drug education, campus safety information
- September National Campus Safety Month programming
- Student and employee notification of Drug and Alcohol Policy
- Drugs: Research & Reward course is offered as a Natural Science

#### Strategic Interventions areas: *Environmental Changes*

Programs included:

- Southwestern College is a dry campus- no alcohol is allowed for any events on campus or at campus sponsored events.
- Student and Employee Drug and Alcohol Policy
- Athletic Department sharing information to the student athletes about the Southwestern College Drug Education and Testing Policy
  - All student athletes sign a drug testing agreement
- Security Officer and Hall Staff patrols at night and on the weekends in residence halls
- Extra Residence Life staff on duty during Homecoming weekend to respond to student conduct issues.
- Alcohol free events
  - Intentional evening and weekend opportunities that are alcohol free: movie/bowling/skate/bingo nights
  - Other evening and weekend events: performing arts and athletics

#### Strategic Interventions areas: *Health Promotion*

Programs included:

- Student and employee notification of Drug and Alcohol Policy
- Bystander Intervention programming for first-year orientation and for student athletes
- Informational tables – alcohol/drug education, campus safety information
- September National Campus Safety Month programming

#### Strategic Interventions areas: *Intervention and Treatment*

Programs included:

- Student Conduct Sanctions may include
  - 3<sup>rd</sup> Millennium on-line courses for alcohol/marijuana
  - Reflection paper on the effects of drugs and alcohol
  - Parental or coach notification depending on severity

- Builder Health Website – free telehealth therapy options and alcohol education resources.
- Wellness Coordinator – Master’s level social worker, available to speak with students and coordinate care for mental health or substance abuse.



## **2022/2023 Alcohol and Other Drug Program Objectives**

The first goal is to focus on the individual level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is personal stewardship of one's health and the awareness of the environmental effects of alcohol and drugs with the intent to influence knowledge, behavior, and attitudes.

The second goal focuses on the environmental level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is to ensure and promote good citizenship and responsible behavior. Southwestern College strives to partner with others to increase communication, to provide support and education, and to create a positive community, consistent with the College's Christian academic traditions and community standards.

From these two broad goals, the committee developed a series of objectives and outcomes that focus on the different areas of strategic intervention. In addition, each objective and outcome are seen through the lens of either the individual level or environmental program and policy level.

### **Objectives Evaluated from 2022/2023 academic years**

- 1) Individual: Knowledge, Attitudes and Behavior
  - a. Objective: Educate students on the effect of alcohol and other drugs through a session at Builder Camp orientation for first year students.
  - b. Outcome; First year students will have a greater knowledge of the effects of marijuana use and binge drinking.
  - c. Met/Not Met: Met. Bystander Intervention programs were included at orientation.
- 2) Individual: Knowledge, Attitudes and Behavior/Health Promotion
  - a. Objective: Educate students on the effects of alcohol and other drugs through an optional session to all students based on the NAIA Champion of Character.
  - b. Outcome: Upper Class students will gain greater knowledge of the effects of marijuana use and binge drinking as well as how it relates to the tenets of the Champions of Character.
  - c. Met/Not Met: Not met, no record of this event taking place.
- 3) Environmental: Knowledge, Attitudes and Behavior/ Environment Norms/Health Protection
  - a. Objective: Peer to peer education goal of using an outside group from another college/program to educate students on alcohol and other drugs.
  - b. Outcomes: SC students will gain greater knowledge of the effects of marijuana use and binge drinking.
  - c. Met/Not Met: Not met.
- 4) Environmental/Institutional: Knowledge, attitudes, and behaviors/Health Protection
  - a. Objective: Students will learn from a Chemistry professor about the effects of drugs on the lives of humans and their bodies.

- b. Outcome: NSCI230/Lecture/A - Drugs: Research & Reward | Credits 3.00  
This course provides an introduction to how drugs affect our lives and bodies. Topics include a historical perspective on medicine and how drugs are developed, how specific diseases are treated, and the effects of illegal drugs on the individual and society. Credit 3 hours
  - c. Met/Not Met: Met, course was offered in the fall of 2023
- 5) Environmental/Institutional: Environmental (Alcohol Free Options)
- a. Objective: Students have the ability to attend campus events which are alcohol free. All fine arts events, campus life events and athletic events are alcohol and drug free.
  - b. Outcome: Campus staff and faculty will encourage students to attend institutional events.
  - c. Met/Not Met: Met
- 6) Environmental/Institutional: Environmental (Alcohol Availability)
- a. Objective: SC will continue to be an alcohol and drug free campus.
  - b. Outcome: Staff and faculty will support and keep students aware of the alcohol and drug free policy of the campus.
  - c. Met/Not Met: Met, Campus continues to be an alcohol and drug free campus.
- 7) Environmental/Community: Environmental (Alcohol Availability)
- a. Objective: Local social clubs and bars will be encouraged by SC not to serve to students under 21 years of age.
  - b. Outcome: The dean of students will write a letter to each bar and club asking them to be mindful of their service to minors.
  - c. Met/Not Met: Not met. No records found for letters to bar and club owners. Director of Security met with one bar owner who was not receptive to not serving students who were underaged.
- 8) Environmental: Environmental (Policy & Law Enforcement)
- a. Objective: Learn about Winfield Police Department and Cowley County Sheriff Department's policies and enforcement regulations regarding minors in possession of alcohol or are intoxicated.
  - b. Outcome: Educate students during orientation and in the sanction process.
  - c. Met/Not Met: Not met. Education has focused on Southwestern College policies.

## Goals for 2024 Alcohol and Other Drug Program Review:

The first goal is to focus on the individual level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is personal stewardship of one's health and the awareness of the environmental effects of alcohol and drugs with the intent to influence knowledge, behavior, and attitudes.

The second goal focuses on the environmental level of education. The goal states: The purpose of the Southwestern College Alcohol and Other Drug Program is to ensure and promote good citizenship and responsible behavior. Southwestern College strives to partner with others to increase communication, to provide support and education, and to create a positive community, consistent with the College's Christian academic traditions and community standards.

From these two broad goals, the committee developed a series of objectives and outcomes that focus on the different areas of strategic intervention. In addition, each objective and outcome is seen through the lens of either the individual level or environmental program and policy level.

### Objectives:

- 1) Individual: Knowledge, Attitudes and Behavior
  - a. Objective: Educate students on the effect of alcohol and other drugs through a session at orientation for first year students.
  - b. Outcome: First year students will have a greater knowledge of the effects of marijuana use and binge drinking.
- 2) Individual: Knowledge, Attitudes, and Behavioral Intentions/Health Promotion
  - a. Objective: Campus Life will schedule an educational drug and alcohol program each semester. The Vice President of Education (student executive) will spearhead these events.
  - b. Outcome: SC students will gain greater knowledge of the effects of marijuana use and binge drinking.
- 3) Individual: Knowledge, Attitudes, and Behavioral Intentions/Health Promotion
  - a. Objective: Residence Life will schedule an educational drug and alcohol program each semester.
  - b. Outcome: SC students will gain greater knowledge of the effects of marijuana use and binge drinking.
- 4) Individual: Knowledge, Attitudes, and Behavioral Intentions/Health Promotion
  - a. Objective: Campus Life will provide passive drug and alcohol education on the bulletin board located on the lower level of the student center. Campus Life and Student Affairs will host information tables once a semester.
  - b. Outcome: SC students will gain greater knowledge of the effects of marijuana use and binge drinking.
- 5) Individual: Knowledge, Attitudes, and Behavioral Intentions/Health promotion

- a. Objective: Student Affairs will review and further develop educational drug and alcohol sanctions that inform students about health effects and risks. Students will be tested on knowledge retention after completing sanctions.
  - b. Outcome: SC students will gain greater knowledge of the effects of marijuana use and binge drinking through the student conduct process.
- 6) Environmental/Institutional: Knowledge, attitudes, and behaviors/Health Protection
- a. Objective: Students will learn from a Chemistry professor about the effects of drugs on the lives of humans and their bodies.
  - b. Outcome: NSCI230/Lecture/A - Drugs: Research & Reward | Credits 3.00  
This course provides an introduction to how drugs affect our lives and bodies. Topics include a historical perspective on medicine and how drugs are developed, how specific diseases are treated, and the effects of illegal drugs on the individual and society. Credit 3 hours
- 7) Environmental/Institutional: Environmental (Alcohol Free Options)
- a. Objective: Students have the ability to attend campus events which are alcohol free. All fine arts events, campus life events and athletic events are alcohol and drug free.
  - b. Outcome: Campus staff and faculty will encourage students to attend institutional events.
- 8) Environmental/Institutional: Environmental (Alcohol Availability)
- a. Objective: SC will continue to be an alcohol and drug free campus.
  - b. Outcome: Staff and faculty will support and keep students aware of the alcohol and drug free policy of the campus.
- 9) Environmental: Health promotion/ Intervention and Treatment
- a. Objective: Student Affairs in collaboration with Athletics will advertise the Builder Health website. The website includes telehealth options for substance abuse as well as links to resources on college drinking.
  - b. Outcome: Increased knowledge of and usage of the Builder Health website resources.
- 10) Environmental: Health promotion/ Intervention and Treatment
- a. Objective: Student Affairs will update the Southwestern mental health brochure to include substance abuse resources. The brochure will be distributed to students, staff, and faculty by Student Affairs staff including the Wellness Coordinator and through information tables.
  - b. Outcome: Increased knowledge of campus and local drug and alcohol resources.

## **Strengths and Weaknesses of Alcohol and Other Drug Program**

### **Strengths:**

Dry campus (SC Drug & Alcohol Policy)  
Alcohol free campus events (including athletics, fine arts, and student activities)  
No Greek system  
No College sponsored alcohol advertising  
Policy exists for athlete drug testing  
Marijuana use illegal in Kansas  
Student leadership training  
Builder Camp orientation programs  
Orientation Leader/Resident Assistant education during training  
Small campus where staff, faculty, and coaches have awareness of students with drug and alcohol issues  
Creation of Student Tracker group that focuses on student retention issues, that can include drug and alcohol use.  
Student Affairs/Campus Life programming on campus

### **Weaknesses:**

Turnover in Student Affairs staffing impacted implementation of programs  
Reduce number and emphasis of Athletic Department drug testing  
Consistency and effectiveness of alcohol and drug sanctions  
Lack of community and campus resources  
Freshman Seminar does not include drug and alcohol education  
Campus norms-perception that many people drink and use marijuana  
Financial resources  
Uneven treatment of student drug and alcohol issues by coaches and teams

**Procedures for Distributing Alcohol and Other Drug Program Review**

Southwestern College has this report posted on-line under the Southwestern College under the helpful links option. To access the information, please click on the following link: <https://www.sckans.edu/other/consumer-information>

**Drugs and Alcohol Policy Notification**

Students are notified of the policy on drugs and alcohol, by email at the beginning of each semester.

**Revising Alcohol and Other Drugs Program**

Southwestern College is committed to reviewing its goals, objectives and outcomes to ensure that the alcohol and other drug programs are effective. It is important for the College to understand its' weaknesses and improve on gaps. This report will be used during the year to understand what areas are doing a good job in maintaining effective goals. The alcohol and other drug program will be reviewed again in 2026 to assess the effectiveness of the 2024 and 2025 years.