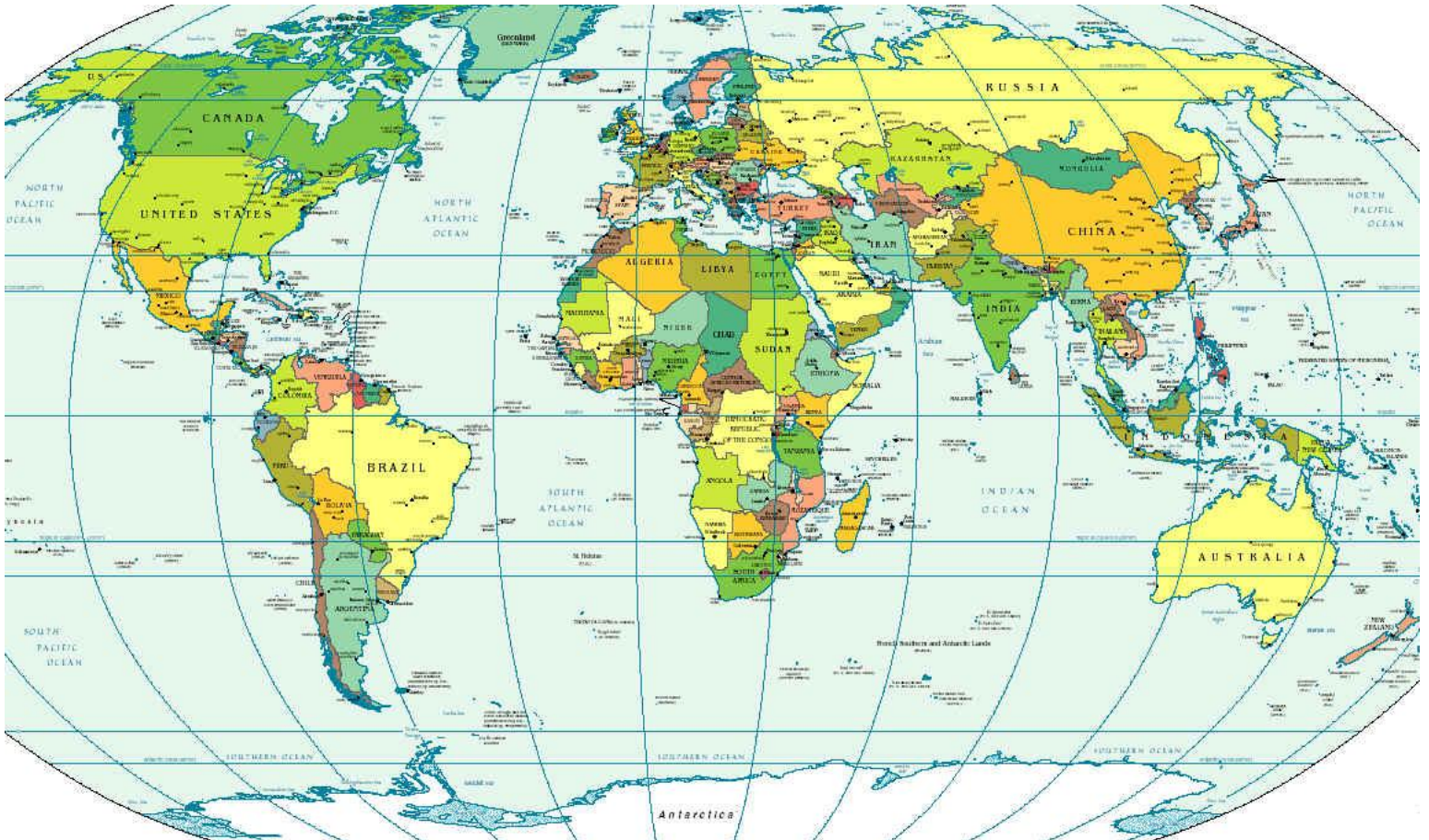


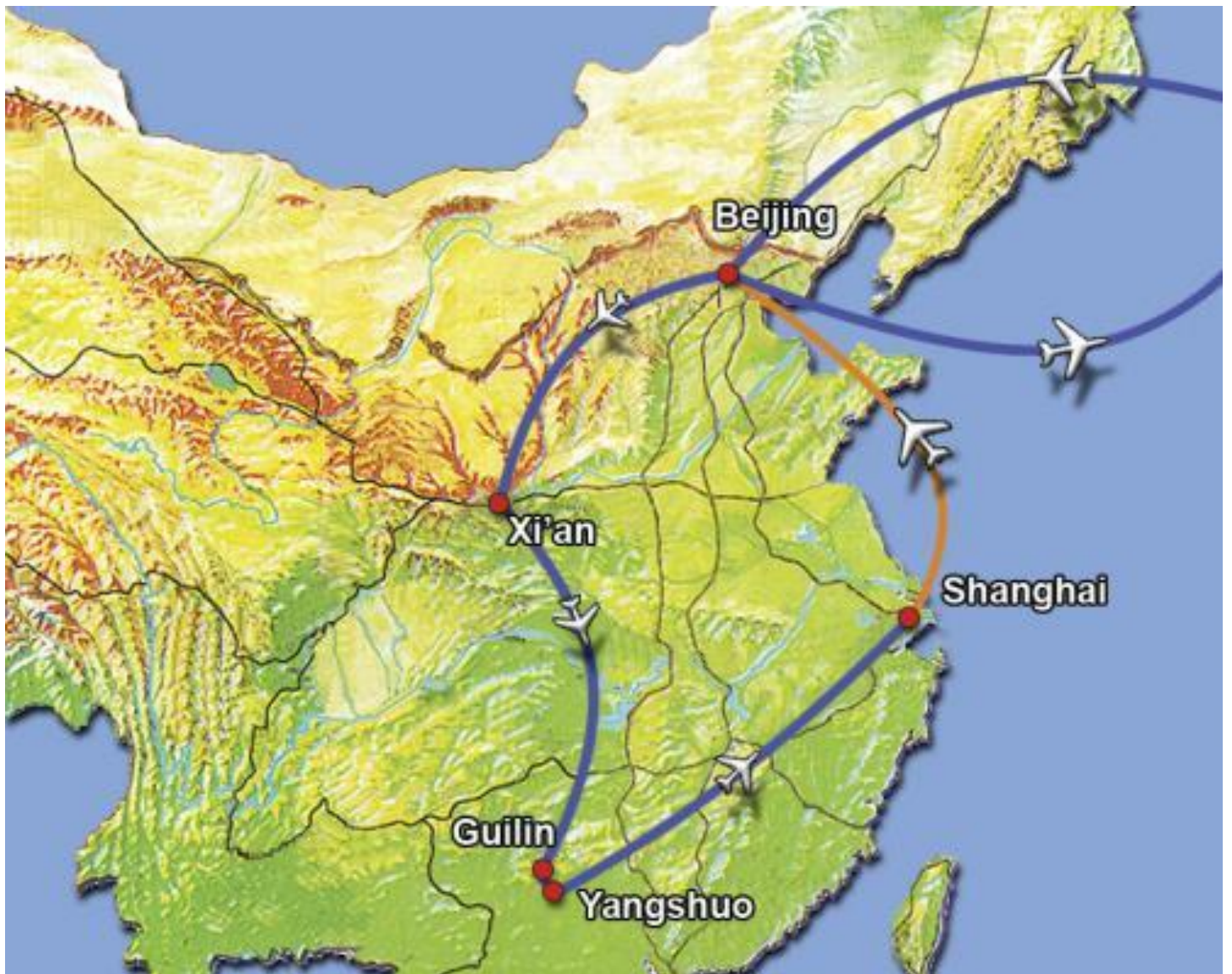
China

15 Day Itinerary with Pictures

Christmas Break 2010-2011



<http://www.nationalparks-worldwide.info/site/regions.htm>



Course Description

LAS 395C Chinese Culture and Travels

The course will consist of several orientation and information meetings on Sunday evenings during the fall semester in preparation for a 15 day trip to China, departing on December 26, 2010 and returning on January 9, 2011.

Students will be expected to attend all classes, give one presentation to the class on a topic of their choice, and read about China and its people and the locations visited on the trip.

Students will also be required to keep a trip journal. The trip itinerary includes the cities of Beijing, Xi'an, Guilin, Yangzhou, Chengdu, Suzhou, and Shanghai. Highlights include: Tiananmen Square, Forbidden City, Great Wall of China, rickshaw ride through old Beijing, Terracotta Warriors, traditional New Year's Eve party, riverboat cruise on the Li River, Panda Research Institute and Breeding Center, canal boat ride on the Grand Canal, visit to a silk spinning factory, the Bund, and shopping on Nanjing Road in Shanghai. Credit: 1 hour.

Trip Information

- Tentative trip dates are: Sunday, Dec. 26, 2010 to Sunday, Jan. 9, 2011 (15 days)
- The second semester begins on Tuesday, Jan. 11, 2011
- It will be wintertime in China

Beijing: Average high for Dec. 38 F
Jan. 35 F

Xi'an: Average high for Dec. 43 F
Jan. 41 F

Guilin: Average high for Dec. 58 F
Jan. 53 F

Chengdu: Average high for Dec. 51 F
Jan. 49 F

Shanghai: Average high for Dec. 50 F
Jan. 45 F

- The tour begins and ends at Kansas City's airport
- The trip is a private Southwestern College custom tour provided by China Focus Travel

- China Focus Travel is a privately owned company with offices in San Francisco
- V.J.'s Exotic Safaris out of Winfield may submit a proposal
- The trip is open to students, faculty, parents, community adults, alumni, and friends of the college
- 15 people are needed for the trip to make
- Students who go on the trip must sign up for the course
- No overload fees are charged for courses associated with trips
- Financial aid may be available – check with the financial aid office
- Southwestern will pay for your trip and charge it to your account
- You will have until March of 2011 to pay back the school

Course Information

- The course is for one hour of credit
- Overload fees will not be charged
- Classes will be on Sunday evenings from 7 to 8:30 pm
- Classes will meet approximately every other week
- Students will be expected to attend all classes
- Give one presentation to the class on a topic of their choice
- Read about China and its people and the locations visited on the trip
- Keep a trip journal

Trip Cost

Trip cost is about \$2900

The cost includes:

- Roundtrip airfare from Kansas City to San Francisco
- Roundtrip airfare from San Francisco to Beijing
- Airfare from Beijing to Xi'an
- Airfare from Xi'an to Guilin
- Airfare from Guilin to Chengdu
- Airfare from Chengdu to Shanghai
- Airfare from Shanghai to Beijing
- All scheduled tours and entrance fees
- All ground transportation within and between cities

- English speaking guides
- All hotels at double occupancy
- Chinese visa
- New Year's Eve party
- All breakfasts (American)
- All lunches (Chinese) except on day 13 - free day in Shanghai
- All dinners (Chinese) except on day 13 - free day in Shanghai
- All taxes
- Most tips

The trip cost does not include:

- Lunch on day 13 – free day in Shanghai
- Dinner on day 13 – free day in Shanghai
- Free day in Shanghai activities
- Some tips
- Shopping
- Cost to get to and from the airport in Kansas City
- Trip insurance
- Recommend shots: Hepatitis A and update to your routine shots such as measles/mumps/rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, etc.

Day 1
Sunday - Dec 26, 2010
Depart Kansas City for San Francisco and
Beijing

Meals: In-Flight (IM)

Early morning flight from Kansas City to San Francisco

12-hour non-stop flight from San Francisco to Beijing on Air China



Day 2

Monday - Dec 27, 2010

Arrive Beijing

Meals: In-Flight (IM)

Our guide will meet us at the airport and take us to the hotel in the evening

Hotel: **Chang An Grand Hotel**



Chang An Grand Hotel in Beijing

Day 3
Tuesday - Dec 28, 2010
Beijing

Meals: America Breakfast (B), Lunch (L),
Special Dinner (SD)

Tiananmen Square
Mao's Mausoleum
Gate of Heavenly Peace
Forbidden City (Imperial Palace)
Summer Palace and Kunming Lake
Peking Duck dinner at a restaurant in Beijing

Hotel: **Chang An Grand Hotel**

Tiananmen Square



The Tiananmen Square was originally built in
1651

http://en.wikipedia.org/wiki/Tiananmen_Square



Tiananmen (The Gate of Heavenly Peace)

Tiananmen was built during the Ming Dynasty in
1420

Tiananmen was the entrance to the Imperial City

<http://en.wikipedia.org/wiki/Tiananmen>



Memorial Hall of Chairmen Mao

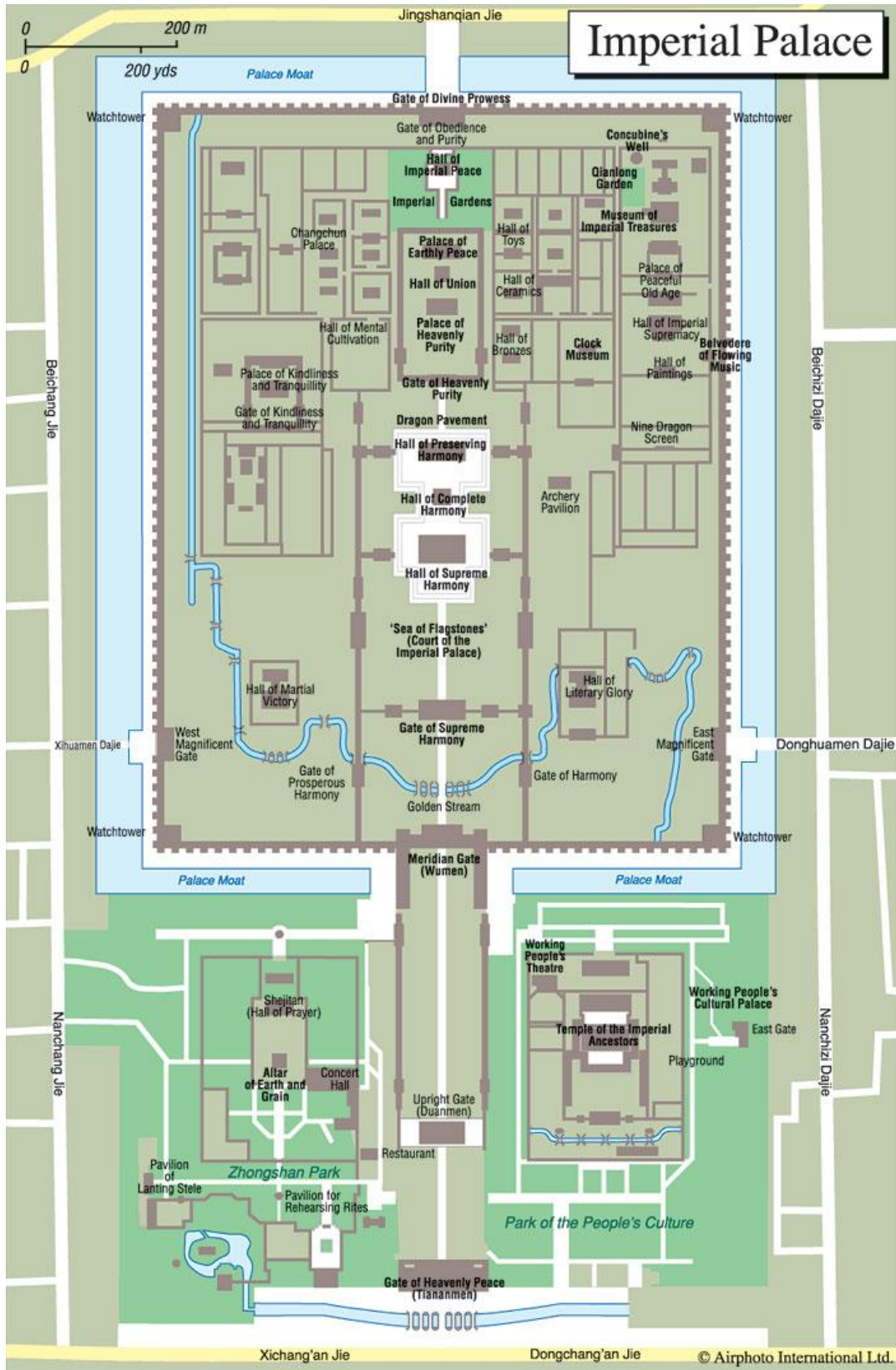


The Forbidden City UNESCO World Heritage Site

The Forbidden City was the Chinese imperial palace from the Ming Dynasty (1368 to 1644) to the end of the Qing Dynasty (1644 to 1912)

The Forbidden City was built between 1406 and 1420

The complex consists of 980 surviving buildings



http://www.thebeijingguide.com/gate_of_heavenly_peace/gate_of_hp_night.html



The Hall of Supreme Harmony - The Forbidden City



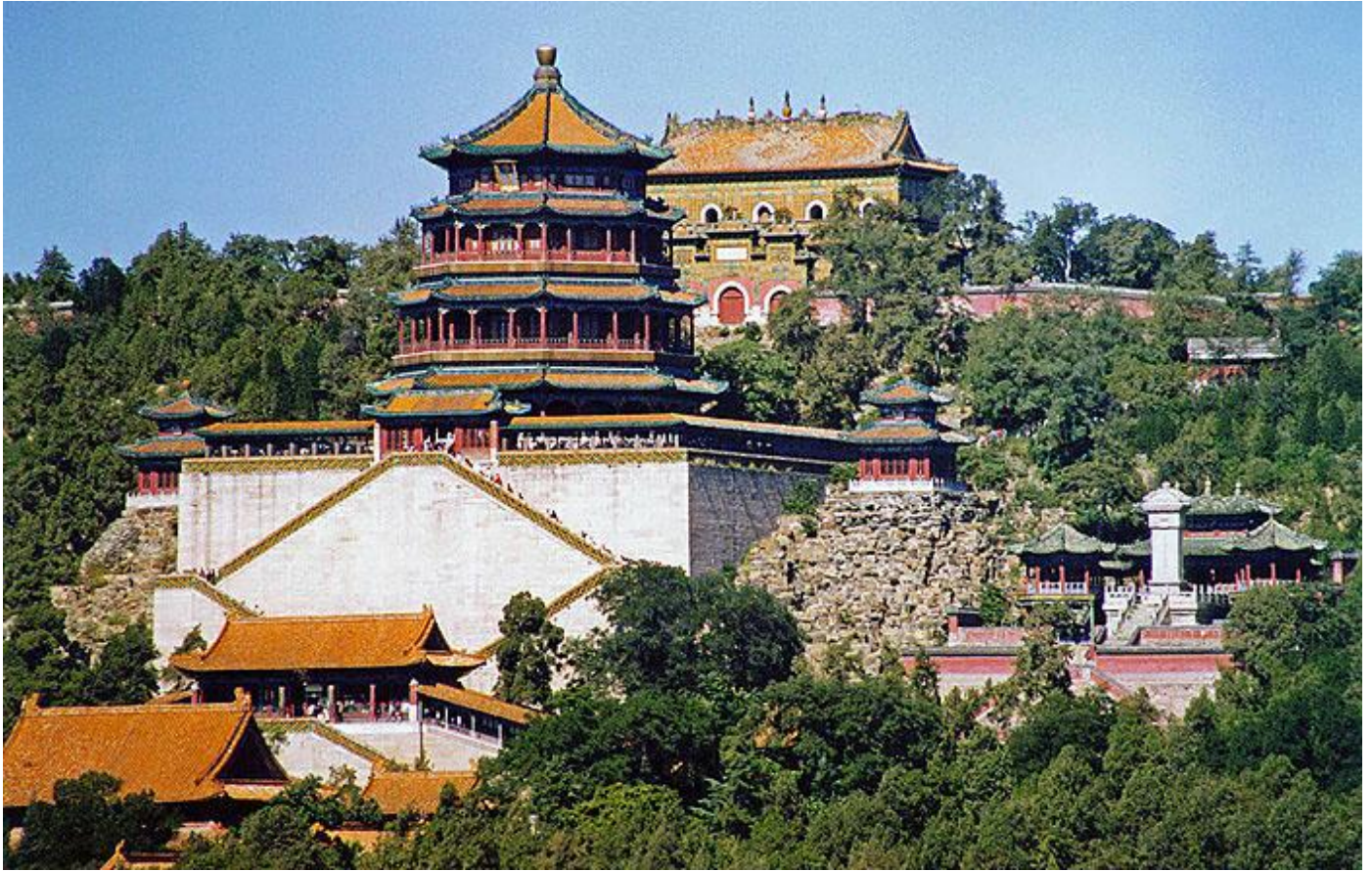
The northwest corner tower of the Forbidden City



A throne in the Hall of Preserving Harmony -
The Forbidden City

http://en.wikipedia.org/wiki/Forbidden_City

The Summer Palace



The Summer Palace
UNESCO World Heritage Site

The Summer Palace was started in 1750



Marble Boat – Summer Palace



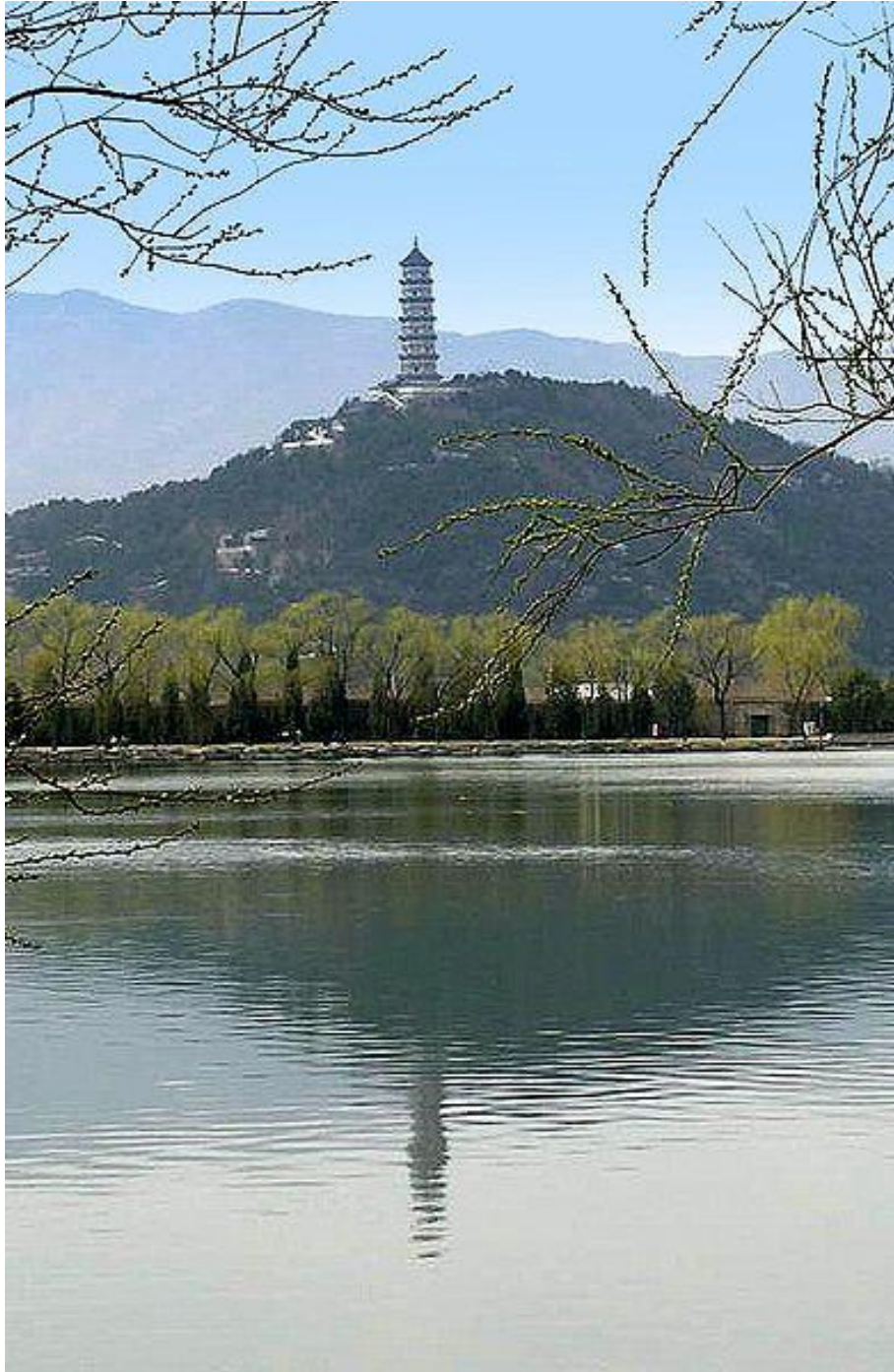
The Seventeen Arch Bridge – Summer Palace



Tower of Buddhist Incense – Summer Palace



The Long Corridor – Summer Palace



View over Kunming Lake towards Yu Quan Hill
with Yu Feng Pagoda

http://en.wikipedia.org/wiki/Summer_Palace

Peking Duck Dinner



A Peking Duck

http://en.wikipedia.org/wiki/Peking_Duck



Roasting duck





<http://www.chinaodysseytours.com/pictures-of-china/?level=album&id=15>

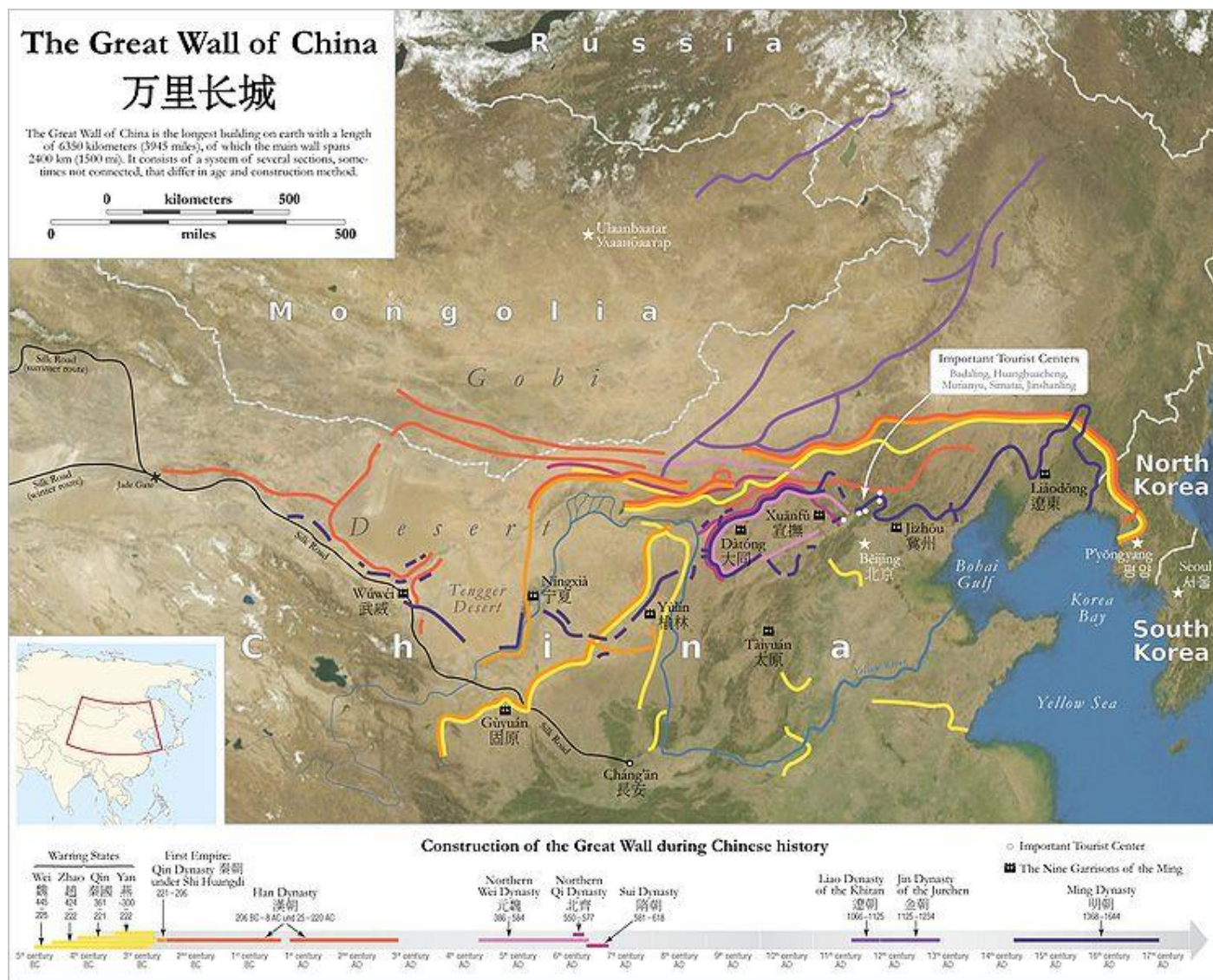
Day 4
Wednesday - Dec 29, 2010
Beijing

Meals: American Breakfast (B), Lunch (L),
Dinner (D)

Great Wall of China
Beijing National Stadium (Bird's Nest - home of
the 2008 Olympics)
Rickshaw ride in the Hutongs

Hotel: **Chang An Grand Hotel**

The Great Wall of China



There are 3,889 miles of actual wall

The section of the wall at Badaling was built during the Ming Dynasty (1368 to 1644)

Badaling is 50 miles north of Beijing



The Great Wall of China at Badaling

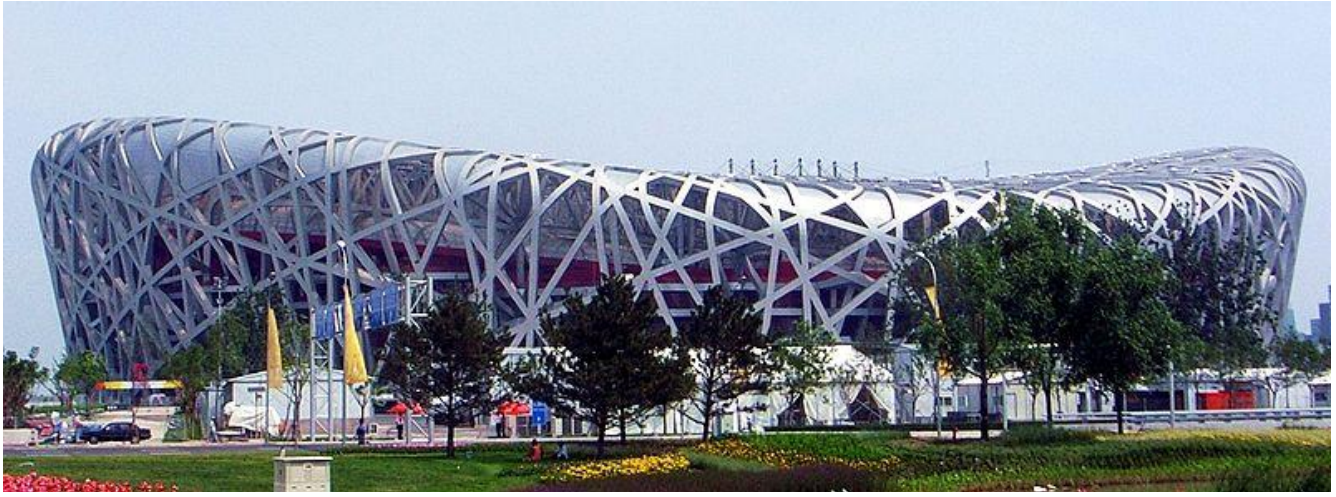




The Great Wall of China

http://en.wikipedia.org/wiki/Great_Wall_of_China

Beijing National Stadium – The Bird's Nest



http://en.wikipedia.org/wiki/Beijing_National_Stadium



Hutongs are narrow streets or alleys most commonly associated with Beijing

http://www.catswhiskers.com.hk/des_cn_beijing1.htm



A hutong in Beijing

<http://wanderingdanny.com/beijing/street-life.html>



A typical entrance to a siheyuan (courtyard) in a Beijing hutong

Day 5
Thursday - Dec 30, 2010
Beijing to Xi'an

Meals: Breakfast (B), In-Flight (IM), Dinner (D)

Temple of Heaven in Beijing
Flight to Xi'an

Hotel: **Empark Grand Hotel in Xi'an**

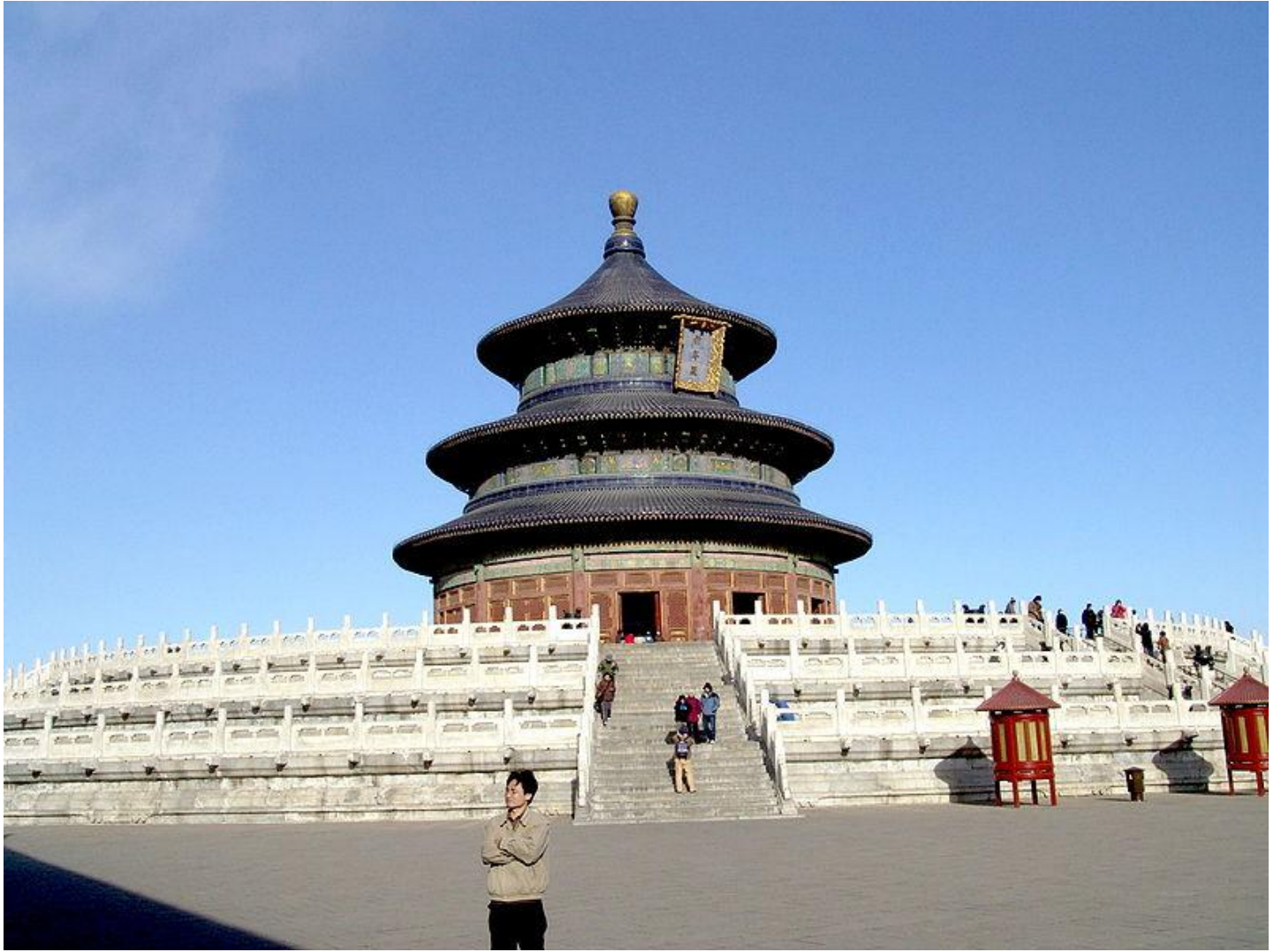
Temple of Heaven in Beijing



The Temple of Heaven UNESCO World Heritage Site

The temple complex was constructed between
1406 and 1420

The Temple of Heaven is a complex of Taoist buildings. The complex was visited by the Emperors of the Ming and Qing dynasties for annual ceremonies of prayer to Heaven for a good harvest.



The Hall of Prayer for Good Harvests is one of Beijing's most famous architectural landmarks



An Imperial Sacrificial Altar in the Temple of Heaven in Beijing

http://en.wikipedia.org/wiki/Temple_of_Heaven

Empark Grand Hotel in Xi'an



Empark Grand Hotel in Xi'an

http://www.hotelscombined.com/Hotel/Empark_Grand_Hotel_Xian.htm

Day 6
Friday - Dec 31, 2010
Xi'an

Meals: Breakfast (B), Lunch (L), Special
Dinner (SD)

Terracotta Warriors
Wild Goose Pagoda
Dumpling Feast Dinner
Traditional Tang Dynasty Music and Dance
Show
New Year's Eve Party

Hotel: **Empark Grand Hotel**

Terracotta Warriors - Xi'an



The Terracotta Warriors UNESCO World Heritage Site

The terracotta figures were discovered in 1974 by some local farmers

The Terracotta Army is a form of funerary art buried with the First Emperor of Qin (Qin Shi Huang, "shi huang" means the first emperor) in 210-209 BC



The face of each statue is different



Terracotta Warriors

Mausoleum of the First Qin Emperor Qin Shi
Huang built around 210 BC

There were over 8,000 soldiers, 130 chariots
with 520 horses, and 150 cavalry horses

http://en.wikipedia.org/wiki/Terracotta_Army

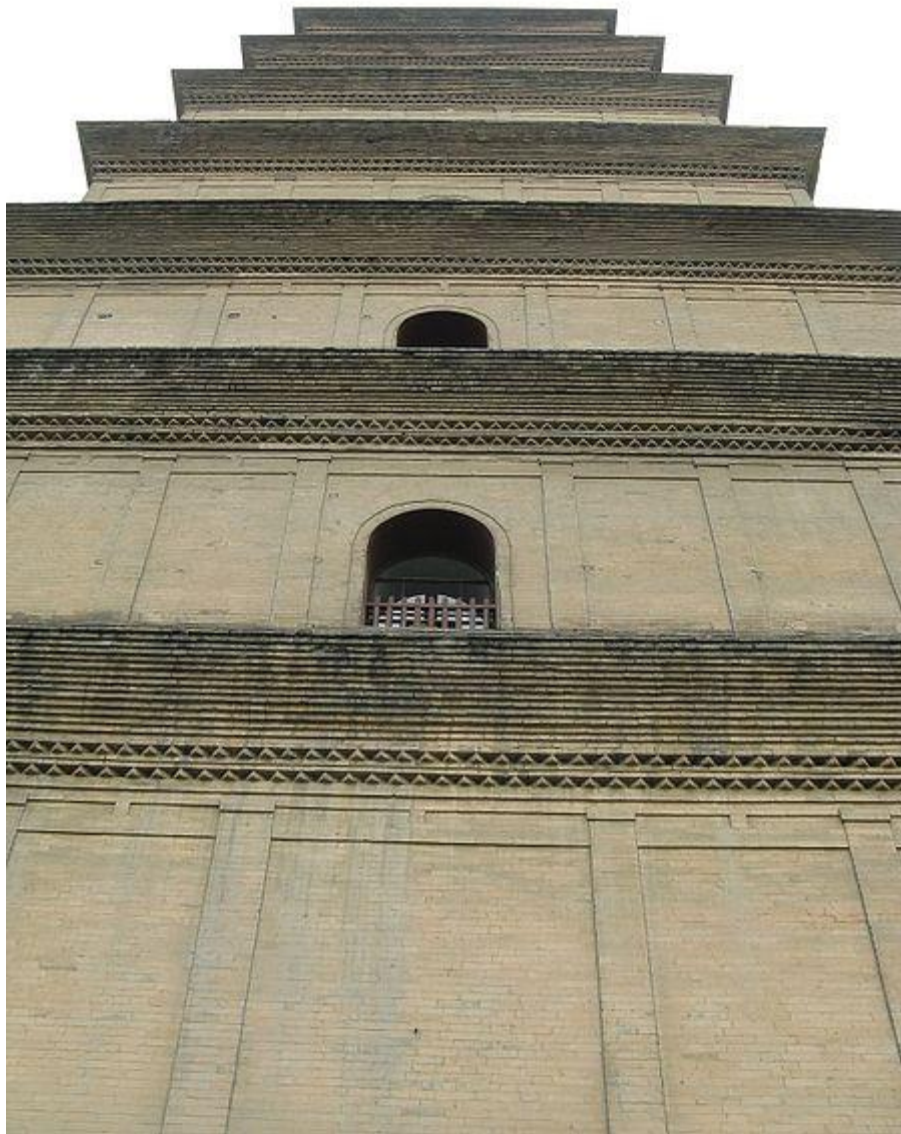
Giant Wild Goose Pagoda in Xi'an



The Giant Wild Goose Pagoda is a Buddhist pagoda located in southern Xi'an

It was built in 652 during the Tang Dynasty

One of the pagoda's many functions was to hold figurines of the Buddha



Giant Wild Goose Pagoda

http://en.wikipedia.org/wiki/Giant_Wild_Goose_Pagoda

Tang Dynasty Music and Dance Show



http://yeschinatour.com/china-guides/china-attractions/tang-dynasty-music-dance-show-xi_an/

Day 7
Saturday - Jan 01, 2011
Xi'an to Guilin

Meals: Breakfast (B), Lunch (L), In-Flight (IM)

Tour of Xi'an's City Wall
Flight to Guilin

Hotel: **Guilin Plaza Hotel**



Xi'an City Wall

The wall is one of the oldest and best preserved Chinese city walls

Construction of the first city wall began in 194 BC and lasted for four years

The existing wall was started by the Ming Dynasty in 1370

http://en.wikipedia.org/wiki/City_wall_of_Xi'an

Guilin Plaza Hotel



Guilin Plaza Hotel

<http://www.plazahotelguilin.cn/>

Day 8
Sunday - Jan 02
Guilin to Yangshuo

Meals: Breakfast (B), Lunch (L), Dinner (D)

Three-hour cruise on the Li River

The remainder of the day is free

Evening show directed by Zhang Yimou who designed the opening and closing ceremonies of the 2008 Beijing Olympics

Hotel: **New West Street International Hotel**

The Li River



Chinese boats on the Li River



Limestone peaks along the Li River near Guilin



http://en.wikipedia.org/wiki/Lijiang_River

Cormorant fishing on the Li River near Guilin





<http://www.sinouschemeng.com/link/Tour2.html>

More pictures of the Li River at <http://www.chinaforfun.com/liriver/>

New West Street International Hotel in Yangshuo



New West Street International Hotel in Yangshuo

<http://www.nwshotel.com/index.php?Locale=en-us>

Day 9 Monday

Monday - Jan 03, 2011

Yangshuo to Guilin to Chengdu

Meals: Breakfast (B), Lunch (L), Dinner (D)

Free morning in Yangshuo

Bus ride back to Guilin in the afternoon

Reed Flute Cave

Climb Solitary Beauty Peak

Flight to Chengdu after dinner

Hotel: **Tibet Hotel**

Yangshuo







http://en.wikipedia.org/wiki/Yangshuo_County

Moon Mountain is a hill with a natural arch through it a few kilometers outside of Yangshuo



I plan to climb it

http://en.wikipedia.org/wiki/Moon_Hill

Guilin



Panorama of Guilin



A Guilin Street



Pagodas in Fir Lake in downtown Guilin

<http://en.wikipedia.org/wiki/Guilin>

Reed Flute Cave in Guilin



Reed Flute Cave

<http://www.ianandwendy.com/slideshow/OtherTrips/ChinaVietnamCambodia/China/Guilin/picture3.htm>

Solitary Beauty Peak in Guilin



Solitary Beauty Peak in Guilin

Over 300 steps to the top

[http://www.chinatouronline.com/china-travel/guilin/guilin-attractions/Duxiu\(solitary-beauty\)-Peak_243.html](http://www.chinatouronline.com/china-travel/guilin/guilin-attractions/Duxiu(solitary-beauty)-Peak_243.html)

Tibet Hotel in Chengdu



<http://www.tibet-hotel.com/Hotel%20facilities/fdjs.html>

Day 10
Tuesday - Jan 04, 2011
Chengdu to Shanghai

Meals: Breakfast (B), Lunch (L), In-Flight (IM)

Panda Research Institute and Breeding Center
Flight to Shanghai after lunch

Hotel: **Central View Suites Hotel**



Chengdu is famous for its teahouses



Chunxi Road in Chengdu



Sichuan University in Chengdu



Jin River and Anshun Bridge

<http://en.wikipedia.org/wiki/Chengdu>

Panda Research Institute and Breeding Center in Chungdu





成都大熊猫繁育研究基地导游全景图
 Tourist Map of the Chengdu Research Base of Giant Panda Breeding
成都パンダ繁殖研究基地の案内図
성도대응묘(참대곰)번육연구기지도람도



无烟景区 NO Smoking
無煙觀光地 무연 풍치 지구

- | | | |
|----|--------------------------|--|
| 1 | 正门
正門 | Entrance
대문 |
| 2 | 游客服务中心
觀光案内 | Tourist Services Center
유객복무중심 |
| 3 | 大熊猫博物馆
パンダ博物館 | Giant Panda Museum
대응묘(참대곰)박물관 |
| 4 | 办公区
管理区域 | Administration Area
관공구 |
| 5 | 研究中心
研究センター | Research Center
연구중심 |
| 6 | 大熊猫14号兽舍
第14号パンダケージ | No. 14 Enclosure
대응묘(참대곰)14호수사 |
| 7 | 大熊猫魅力剧场
パンダ劇場 | Panda Story Cinema
대응묘(참대곰)매력극장 |
| 8 | 小熊猫1号活动场
第1号레프사어-판다施設 | No. 1 Red Panda Enclosure
소응묘 1호활동장 |
| 9 | 小熊猫2号活动场
第2号레프사어-판다施設 | No. 2 Red Panda Enclosure
소응묘 2호활동장 |
| 10 | 大熊猫产房
판다分娩室 | Giant Panda Nursery
대응묘(참대곰)산방 |
| 11 | 幼年大熊猫别墅
子판다의케이지 | Giant Panda Cub Enclosure
유년대응묘(참대곰)별서 |
| 12 | 成年大熊猫别墅
판다케이지 | Adult Panda Enclosure
성년대응묘(참대곰)별서 |
| 13 | 亚成年大熊猫别墅
青年판다의케이지 | Sub-adult Panda Enclosure
아성년대응묘(참대곰)별서 |
| 14 | 天鹅湖
白鳥湖 | Swan Lake
백조호 |
| 15 | 餐厅
レストラン | Restaurant
메표소 |
| 16 | 兽医院
판다의病院 | Giant Panda Hospital
자이언트판다수이원 |
| 17 | 大熊猫厨房
판다의食物加工所 | Giant Panda Kitchen
자이언트판다식품실 |



<http://www.panda.org.cn/english/index.htm>

Day 11

Wednesday - Jan 05, 2011

Shanghai

Meals: Breakfast (B), Lunch (L), Dinner (D)

The Bund

Mongolian BBQ Lunch

Oriental Pearl TV Tower

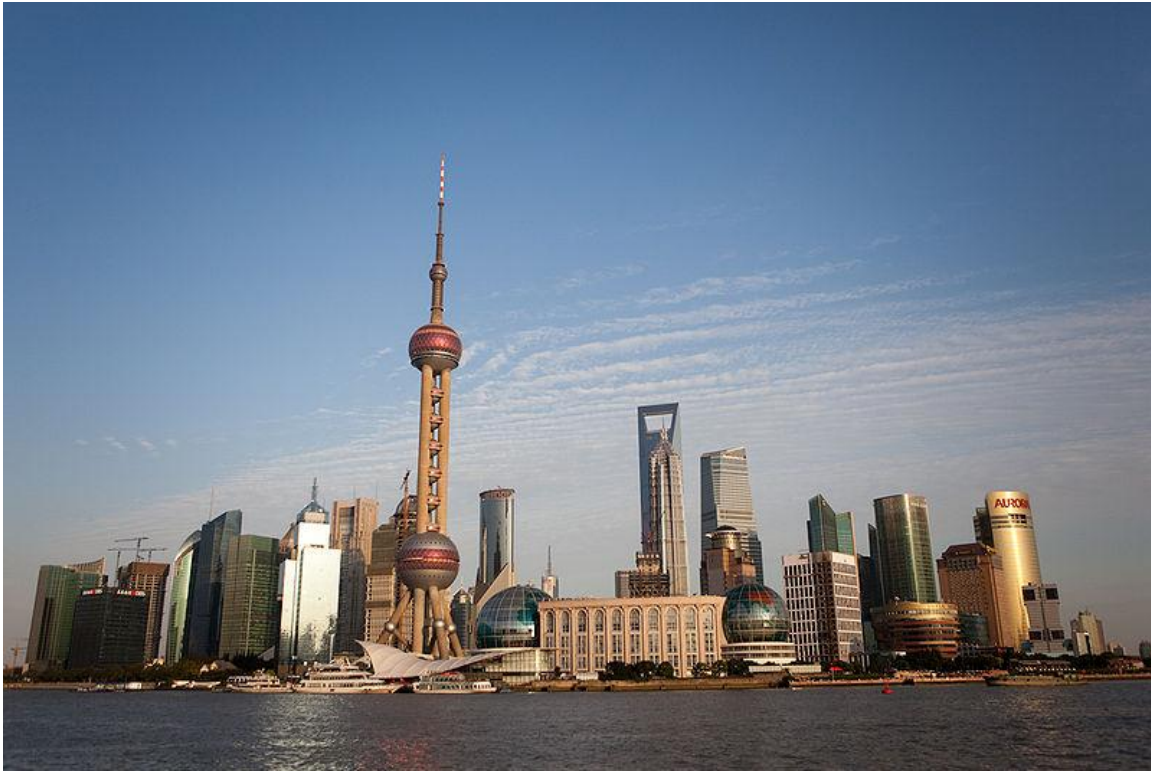
Shanghai Municipal History Wax Museum

Shopping along Nanjing Road

Shanghai Acrobatic Show

Hotel: **Central View Suites Hotel**

Pudong – Shanghai



Shanghai is the largest city in China and the second largest city in the world with almost 14 million people

http://en.wikipedia.org/wiki/List_of_cities_proper_by_population

Pudong was mainly farmland and countryside before 1990

<http://en.wikipedia.org/wiki/Pudong>

The Oriental Pearl TV Tower, the Jin Mao Tower, and the Shanghai World Financial Center are the tallest buildings in Pudong



The Shanghai World Financial Center has 101 floors and is the third tallest building in the world

The Jin Mao Tower has 88 floors and is the 10th tallest building in the world

http://en.wikipedia.org/wiki/List_of_tallest_buildings_in_the_world



The Shanghai Bund has dozens of historical buildings lining the Huangpu River that once housed numerous banks and trading houses from Britain, France, the U.S., Russia, Germany, Japan, The Netherlands, and Belgium, as well as the consulates of Russia and Britain, a newspaper, the Shanghai Club and the Masonic Club

http://en.wikipedia.org/wiki/The_Bund



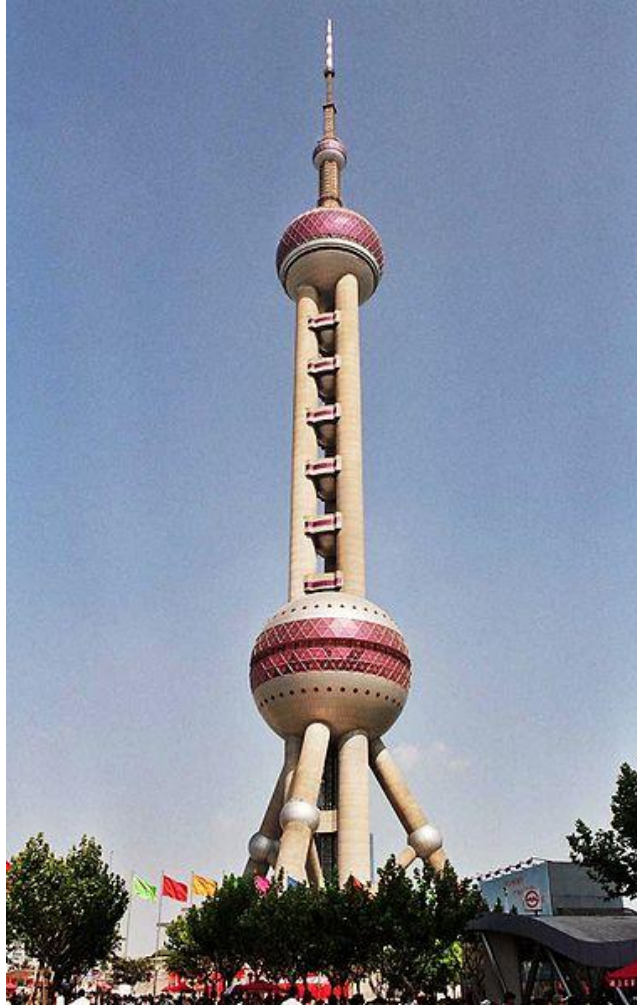
The Bund – Shanghai



View of Shanghai from the Shanghai World
Financial Center



Nanjing Pedestrian Road in Shanghai



The Shanghai Municipal History Museum is located in the basement of the Oriental Pearl TV Tower in Pudong

The museum tells the history of Shanghai with an emphasis on the colonial period between 1860 and 1949

http://en.wikipedia.org/wiki/Oriental_Pearl_Tower

<http://www.frommers.com/destinations/shanghai/A32188.html>

Shanghai Acrobatic Show



<http://www.chinaodysseytours.com/tours/15-days-China-Golden-Route-with-Silk-Tour/itinerary.html>



<http://www.chinaodysseytours.com/tours/15-days-Ancient-Capital-Discovery-2/itinerary.html>

Central View Suites Hotel - Shanghai



http://www.agoda.com/asia/china/shanghai/central_view_suites_hotel.html#Photos

Day 12
Thursday - Jan 06, 2011
Excursion to Suzhou

Meals: Breakfast (B), Lunch (L), Dinner (D)

Bus ride to Suzhou
Canal ride on the Grand Canal
Garden of the Master of the Nets
Silk Spinning Factory
Bus ride back to Shanghai.

Hotel: **Central View Suites Hotel**

Suzhou



Suzhou is a city on the lower reaches of the Yangtze River and on the shores of Lake Taihu

The city is known for its beautiful stone bridges, pagodas, meticulously designed gardens, and canals

Since the Song Dynasty (960-1279), Suzhou has also been an important centre for China's silk industry



The "xi shi" stone bridge



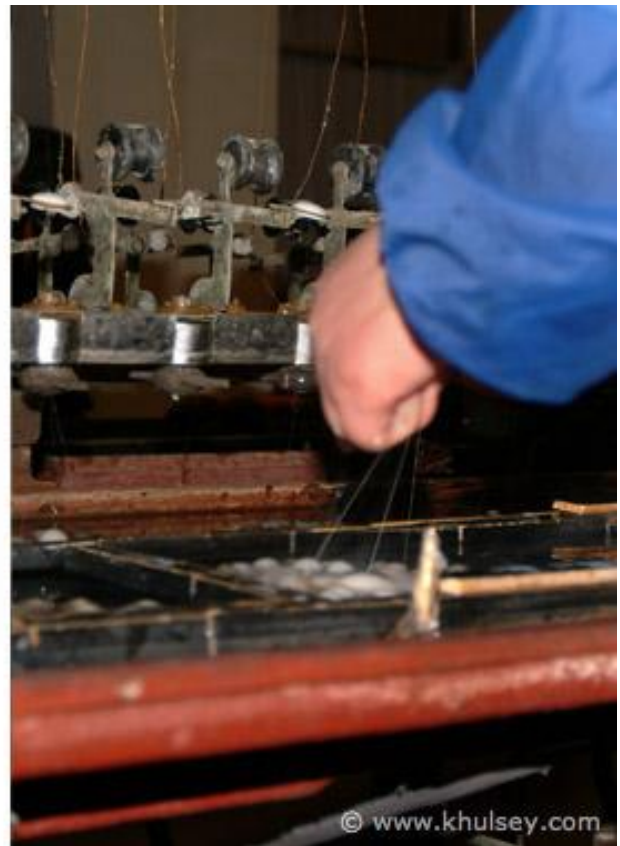
Master of the Nets Garden

It is recognized with other classical Suzhou gardens as a UNESCO World Heritage Site

The initial garden was first constructed over 800 years ago

http://en.wikipedia.org/wiki/Master_of_the_Nets_Garden

Suzhou Silk Factory



http://www.khulsey.com/travel/china_suzhou_silk-factory.html

Day 13 Friday
Friday - Jan 07, 2011
Shanghai

Meals: Breakfast (B)

Free day in Shanghai

Hotel: **Central View Suites Hotel**

Day 14

Saturday - Jan 08

**Farewell to China - Shanghai to San
Francisco and Kansas City**

Meals: Breakfast (B), In-Flight (IM)

Maglev train ride to the airport

Flight to San Francisco

Flight to Kansas City



The Shanghai Maglev Train is a magnetic levitation train

The train has a maximum normal operation speed of 268 mph

The train connects Shanghai Pudong International Airport to Pudong

At full speed the journey takes about 7 minutes to complete the distance of 24 miles

http://en.wikipedia.org/wiki/Shanghai_Maglev_Train

Day 15 Sunday
Sunday - Jan 09, 2011
Arrive MCI

Arrive in Kansas City in the morning